

School Dinner Menu – September 2024 – SAINT MARY’S, AUGHLISNAFIN

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2-6 Sept. 30 Sept. – 4 Oct.	Homemade Cottage Pie Spring Greens / Butternut Squash Oven Baked Potato Wedges / Baked Potato Summer Fruit Cheesecake	Golden Crumbed Fish Fingers Sweetcorn & Roasted Peppers Chipped / Baked Potato / Coleslaw Ice-Cream, Pears & Chocolate Sauce	Beef Meatballs with Tomato & Basil Sauce Green Beans / Baton Carrots Steamed Rice / Pasta Spirals Sticky Date Pudding & Custard	Roast Chicken, Stuffing & Gravy Fresh Vegetables in Season Mashed / Oven Roast Potato Golden Krispie Square	School “Chippy Day” Chicken or Fish Goujons / Sausages Beans / Mushy Peas Chipped / Baby New Potatoes Frozen Fruit Yoghurt
9-13 Sept.	BBQ Pulled Pork Pizza Wrap Sweetcorn / Baton Carrots Boiled Rice / Oven Roasted Garlic & Paprika Wedges Jaffa Cake Pots	Baked Pork Sausages & Gravy Baked Beans / Garden Peas Chipped / Baked Potato Ice-Cream & Two Fruits	Breaded Fish & Lemon Mayo Garden Peas / Diced Carrots Mashed / Baby Potato Fruit Sponge & Custard	Roast Beef, Stuffing & Gravy Fresh Vegetables in Season Mashed / Oven Roast Potato Fresh Fruit Salad & Yoghurt	Beef Burger / Bean Burger in Bap with Onions Corn on the Cob / Pasta Salad Chipped Potato / Steamed Rice Lemon Shortbread & Melon Wedge
16-20 Sept.	Beef Bolognese Sweetcorn / Broccoli Pasta Spirals / Mashed Potato Chocolate & Orange Cookie	Breaded Fish & Lemon Mayo Mushy or Garden Peas / Baked Beans Chipped Potato / Baked Potato Raspberry Jelly & Two Fruits	Chicken Curry & Naan Bread Diced Carrots & Green Beans Noodles / Rice Fruit Sponge & Custard	Roast Gammon, Stuffing & Gravy - Or - Salmon & Creamy Tomato Pasta Fresh Vegetables in Season Mashed / Oven Roast Potato Pineapple Delight	Hot Dog / Veggie Dog with Tomato Ketchup Spaghetti Hoops / Corn on the Cob Chipped / Mashed Potatoes Ice-Cream & Mandarin Oranges
23-27 Sept.	Beef Ragu Italia Sweetcorn / Diced Carrots / Coleslaw Oven Roasted Potato / Wedges / Rice / Salad Mandarin Orange Sponge & Custard	Golden Crumbed Fish Fingers Baked Beans & Garden Peas Chipped / Baked Potato Homemade Flakemeal Biscuit	Chicken Curry & Naan Bread Garden Peas / Baton Carrots Boiled Rice / Mashed Potato Arctic Roll and Peaches	Roast Pork, Stuffing & Gravy Fresh Vegetables in Season Mashed / Oven Roast Potato Homemade Brownie	Chicken Goujons & Sweet Chilli Dip Spaghetti Hoops / Corn on the Cob Chipped / Baby New Potatoes Fruit Muffin & Apple / Orange Juice

Milk, water, bread and fresh fruit available daily. Menu may change due to delivery changes. If you require any additional information on allergens or special diets please contact the school.