

## School Dinner Menu – January / February 2024 – SAINT MARY’S, AUGHNISAFIN

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
22-26 JAN	Beef meatballs with Italian tomato & basil sauce Or Pepperoni/Margherita Pizza  Garden Peas/Salad, oven baked wedges/penne pasta Fresh fruit pot	Golden crumbed fish fingers  Baked beans  Chipped/Mashed potato/salad  Artic roll with Peaches & pears	Chicken curry & naan bread Or Salt 'n' chilli chicken bites  Mini corn on the cob, steamed rice/salad/oven baked potato wedges Lemon drizzle cake & custard	Roast gammon, stuffing & rich gravy  Carrot & parsnip/cauliflower cheese, mashed potato/oven roast potato  Fairy cake	Tasty pork sausages with tomato ketchup or gravy  Sweetcorn & baked beans  Chipped & mashed potato/salad  Fresh fruit selection
1-5 JAN 29 JAN – 2 FEB	Beef bolognese with garlic bread Or Sweet Chilli chicken panini & Coleslaw  Baton carrots/salad, pasta twirls, oven baked potato wedges Jelly & fruit	Ham & Cheese Pizza with Garlic dip  Mini corn on the cob/baked beans/coleslaw Chipped potato/jacket potato  Melon, mandarin & pineapple pot	Chicken curry & naan bread  Green beans & sweetcorn  Steamed rice/salad  Date fudge & custard	Roast beef, stuffing & rich gravy  Cauliflower cheese & baton carrots  Mashed potato/oven roast potato  Ice cream, pears & chocolate sauce	Oven baked chicken goujons Or Admiral's ocean pie  Garden peas/baked beans/ chipped & jacket potato/salad  Homemade ginger biscuit & fruit
8-12 JAN 5-9 FEB	Homemade Savoury mince pie Or Fish Goujon in Soft shell Taco with tomato salsa Salad, baton carrots, mashed & baby potatoes Mandarin Orange sponge & custard	Classic Margherita pizza Or Italian Chicken & Tomato pasta bake & garlic bread Steamed broccoli/coleslaw, chipped potato/baked potato/salad Banana yoghurt pot	Chicken curry & naan bread  Garden peas & sweetcorn, oven roasted potato wedges, steamed rice  Strawberry jelly, ice cream & fruit	Roast pork, stuffing & rich gravy  Carrot & parsnip/savoy cabbage  Mashed potato/oven roast potato  Chocolate sponge & custard	Hot dog with tomato ketchup  Garden peas/spaghetti hoops/salad  Chipped potatoes/baked potatoes  Flakemeal biscuit & fruit
15-19 JAN	Mexican chilli Or BBQ chicken pizza  Sweetcorn/Coleslaw, oven roasted potato, wedges/rice/salad Homemade apple sponge & custard	Sausage roll  Baked beans & garden peas  Chipped potato/salad  Ice cream, chocolate sauce & sliced pears	Chicken curry & naan bread  Garden peas & sweetcorn  Steamed rice  Strawberry mousse	Roast chicken stuffing & rich gravy Or Poached Salmon  Cauliflower/Broccoli/mashed potato/oven roast potato  Blueberry muffin	Beef burger with tomato ketchup  Sweetcorn/salad  Chipped potatoes/baked potato  Flakemeal biscuit & fruit

**Milk, water, bread and fresh fruit available daily. Menu may change due to delivery changes. If you require any additional information on allergens or special diets please contact the school.**